



RESERVAS AL WHATSAPP / RESERVATIONS THROUGH WHATSAPP +34 682 762 322

 $Instagram \cdot Tiktok \cdot Facebook \cdot Tripadvisor \cdot Google\ Maps$

WWW.RAICESGRANTARAJAL.COM



Raices: a story brought back to life

This place, where we are today, was once one of the first supermarkets in Fuerteventura, founded by Mónica's parents, Teresa and Juan. With effort and dedication, they turned it into a local benchmark. Decades later, that same spirit of hard work and commitment inspired the birth of Raíces, a personal project full of meaning. The strong commitment of her family and the dedication of all its members have undeniably shaped the character of its founder: from her grandparents to her aunt and her parents, all of them tireless workers.

Raíces was born out of a great passion shared by two people who saw the opportunity to make their dream come true. Above all, it became the materialisation of a profound feeling of love through gastronomy.

Today, Raíces is the personification of its founder, Mónica. Native of Gran Tarajal and raised in this very building, she built her professional career in Law for more than twenty years, both in the Canary Islands and throughout Spain. Over time, she decided to take a new direction and pursue her second passion: cooking. By combining it with her land, her home, and her roots, this dream was brought to life as a restaurant.

Because to feed is to love

To embark on this new path, Mónica trained at the Basque Culinary Center in San Sebastián, convinced that passion must be accompanied by excellence and technique. The result is a culinary proposal that blends the freshness of local products with special attention to every detail.

The name Raíces is no coincidence: it represents a return to the origin, the value of tradition, and the desire to share a piece of history with every guest. This idea is also reflected in the name of the tavern, La Abuela Victoria, visible on the exterior sign as a tribute to her grandmother, with whom she says she always feels accompanied. The décor of the space reinforces this journey into memory: from the replica of her father's barber chair to the vintage television and the traditional farming tools that evoke the lives of those who shaped this place.

Today, at Raíces we offer much more than food: we offer an experience. Spanish cuisine, based on fresh, local, and seasonal products. A warm and attentive service, where every dish tells a story and every detail has a purpose. Because at Raíces, dining also means returning to the origin. And above all, as Mónica likes to say in the words of a dear friend, "to feed is to love."





Our Highlights

Typical Local Octopus Stew	14.50€
Our acclaimed dish shown at regional TV show "Como en Casa"	
Truly Special Raíces Dish	
Fuerteventura Slow-cooked Goat Meat	19.00€
Traditional Majorero dish of Stewed Goat Meat, slow-	
cooked for more than four hours, served with its intense	
aromatic herb sauce	
Fried Octopus	20€

Fried octopus plated on a base of mashed local potatoes in the Raíces style, with our homemade salad of red peppers and tomatoes

Rices and Paella

We use various types of rice, including Calasparra Rice, Sendra variety rice, to guarantee the perfect technquie and an explosive flavour in our rice servings. All our rice offerings are served for a minimum of two people

Only for the Weekends

Paella de la Huerta	18.00€
Premium Rice with fresh seasonal vegetables	per person
Mellow Land Rice	20.00€
Premium Rice with Iberic Meat Cut and free-range chicken	per person
Mellow Sea Rice	22.00€
Premium Rice with mini-squid, prawns and local octopus	per person









Starters

Homemade Ali-oli and Bread	1.50€ per person
Journey into the world of Majorero Cheese Selection of Authentic Goat Cheese from Fuerteventura, served with our Grandma's style homemade tomato jam	13.00€
Local Octopus Carpaccio with a Canarian touch Finely sliced local octopus, plated with pomegranate and capers from Fuerteventura, and homemade Almogrote	14.50€
Homemade Roast Beef Chef-style marinated beef, oven-baked, thinly sliced, and accompanied with local arugula and capers, Parmesan flakes, and Extra Virgin Olive Oil	13.00€
Seafood Salad of Shrimps and Local Octopus Octopus and prawns on a bed of vegetables, emulsified in the Raíces style.	13.50€
Traditional Spanish Garlic Prawns Traditional Spanish dish of garlic prawns with our special touch	11.50€
Homemade Croquettes Available selection of the day	11.00€









The Green Scene

We offer a selection of vegetarian dishes, using locally sourced products from Fuerteventura and our farm in Tuineje

Beetroot Carpaccio Finely sliced beetroot, fresh arugula, seasonal fruits and goat cheese	13.00€
Homemade Vegetables Croquettes Available selection of the day	11.00€
Caesar Salad Typical salad with lettuce, fried chicken, homemade Caesar dressing and parmesan cheese	13.50€
Chef's Salad Mixed salad with fresh vegetables and seasonal fruits	13.00€









Meats

ΔII	OUR N	leats are	Grilled	on our	Volcanie	Stone	Grill
Au	our iv	reals are	Grillea	on our	volcariic	. JLUITE	GIIII

All our Meats are Grilled on our Volcanic Stone Grill	
Fresh 1 Kg Ribeye Steak Plated with roasted fresh vegetables and local fries	45€
Grilled Lamb with Honey and Pistachio Grilled lamb with honey and pistachio, served with sliced baked potatoes and green salad	22€
Grilled Fillet Steak Medallions Grilled fillet medallions accompanied by baked vegetables and potatoes Mushroom Sauce + 3.00€ Pepper Sauce + 3.00€	22€
Raíces-style Sirloin Steak Grilled sirloin cut into strips, presented with arugula, Fuerteventura cherry tomatoes, balsamic cream, local goat cheese and french fries	22€
Fried Local-style Pork Fried pork in the traditional Fuerteventura style	16€
Local-Style Schnitzel No comments	18€









Fish

All our fish are accompanied by local-style "wrinkled" potatoes and fresh salad, along with our homemade Mojo Picón

Fresh Local Fish of the Day

Price per Weight and Type

Local styled · Fried · Boneless

Andalusian-style Mixed Fry of Seafood

22.00€

Fried squid, mini-squid, prawns and shrimps, served with salad and homemade fries

Local Fresh Tuna

21.50€

Fresh tuna cut into strips, stir-fried Asian style with fresh vegetables and a touch of soy sauce.

Grilled Mini-Squid

16.50€

Plated with traditional canarian style potatoes from Fuerteventura, salad and *Mojo Picón*







Desserts

All our dessers are homemade and cooked during the day

Cheesecake Red Fruits · Caramel · Chocolate Creamy Cheesecake with Baked Cookie Base	6€
Polvito Uruguayo Traditional Canarian dessert layered with biscuits and meringues, with our Polvito Uruguayo cream	6€
Grandma's Victoria Cake Raices' Most Precious Cake! Fluffy almond cake soaked in our secret syrup and finished with a touch of Lime	6€
Chocolate Coulant Chocolate Lava Cake served with our Strawberry Sorbet	6€









White Wines

CANARY ISLANDS	Glass · Bottle
Yaiza Lanzarote · Dry, Semisweet, Fruity, Rosé	6.00 · 30€
Lágrima de Malvasía Lanzarote · Dry, Semisweet	6.00 · 30€
NATIONAL - MAINLAND SPAIN	
Casal de Armán	6.00 · 30€
D.O. Ribeiro · Dry	
Pionero	5.50 · 25€
Albariño	
Loess Dry	5.50 · 25€
Rueda: Verdejo	N
Árabe Sweet 4.	50 · 17.50€
Extremadura: Sauvignon Blanc	
Flamenco Seco	3.50 · 15€
Rueda: Sauvignon Blanc · Verdejo	
Perrito Faldero	3.50 · 15€
Rioja · Fruity	









Red Wines

NATIONALS - LA RIOJA	Glass · Bottle
Ramón Bilbao Crianza Tempranillo	4.50 · 20€
Ramón Bilbao Limited Edition Garnacha	5.50 · 25€
Ábalos Crianza	3.50 · 15€
Tempranillo · Graciano · Garnacha	
NATIONALS - RIBERA DEL DUERO	
Misiva Roble	4.00 · 17.50€
Tempranillo	
Teófilo Reyes Tamiz	4.50 · 20€
Tempranillo	
Teófilo Reyes Limited Edition	6.50 · 32€
Tempranillo	
Carmelo Rodero Cosecha Tinto	6.00 · 30€
Tempranillo	
Pago de los Capellanes	55€
Crianza	









Rosé, Cavas & Prosecco

ROSÉ WINES	Glass · Bottle
Sierra Cantabria Tempranillo · Garnacha	5.50 · 25€
Lágrima de Malvasía D.O. Lanzarote Malvasía Volcánica	6.00 · 30€
Protocolo 7	3.50 · 15€
Tempranillo · Bobal	
CAVA BRUT	
Miracle	4.50 · 20€
Valencia: Macabeo · Xarel·lo · Parellada	
Provetto 3.0	00 · 12.50€
Castilla La Mancha: Macabeo · Xarel·lo · Parellada	
PROSECCO	
Lunetta	5.50 · 25€
Glera	









Cocktails

Homemade Sangría	Glass • 1/2 Litre • Litre
Red Wine · White Wine · Cava	5.00 ⋅ 9.00 ⋅ 17.50€
Aperol Spritz	5.50€
Aperol, prosecco, sparkling water	
Mojito	8.00€
Classic · Strawberry · Coconut · Pineapple · Passion	n Fruit
Piña Colada	8.00€
Margarita	8.00€
Daiquiri	8.00€
Classic · Mango · Strawberry	
Caipirinña	8.00€
Cosmopolitan	8.00€
Sex on the Beach	8.00€









AGRADECEMOS QUE COMPARTAN VUESTRA EXPERIENCIA EN RAÍCES DEJANDO SU VALORACIÓN EN LAS REDES SOCIALES

WE KINDLY ASK YOU TO LEAVE A REVIEW AND SHARE YOUR EXPERIENCE AT RAÍCES WITH OTHERS

